

**Please Mark All That Apply**

1. [ ]  Depressed mood
2. [ ]  Lost interest in most activities
3. [ ] Increased appetite
4. [ ] Decreased appetite
5. [ ] Weight gain
6. [ ] Weight loss
7. [ ] Difficulty going to sleep
8. [ ] Difficulty staying asleep
9. [ ] Fatigue/ Loss of energy
10. [ ] Feelings of worthlessness
11. [ ] Inappropriate guilt
12. [ ] Difficulty concentrating
13. [ ] Preoccupation with death
14. [ ] Suicidal thoughts
15. [ ] Excessive or uncontrollable worry
16. [ ] Restlessness
17. [ ] Irritability
18. [ ] Decreased need for sleep
19. [ ] Increased talking
20. [ ] Racing thoughts
21. [ ] Distractibility
22. [ ] Elevated mood
23. [ ] Engaging in risky, pleasurable

 activities

1. [ ] Mood swings
2. [ ] Feelings of panic
3. [ ] Pounding heart/ Chest pains/

 Shaking

1. [ ] Shortness of breath/ Dizziness/

 Sweating

1. [ ] Recurrent undesirable thoughts
2. [ ] Repetitive behaviors or mental acts
3. [ ] Nausea or abdominal stress
4. [ ] Fear of losing control
5. [ ] Fear of dying
6. [ ] Recurrent intrusive memories
7. [ ] Flashbacks
8. [ ] Efforts to avoid memories
9. [ ] Fear of social situations
10. [ ]  Alcohol problems
11. [ ] Drug use problems
12. [ ] Compulsive dieting
13. [ ] Vomiting/ Use of laxatives
14. [ ] Marital problems
15. [ ] Sexual problems
16. [ ] Impulsivity
17. [ ] Feeling overwhelmed
18. [ ] Anger
19. [ ] Easily upset/ On edge
20. [ ] Careless, forgetful, easily distracted
21. [ ] Difficulty organizing/ Losing things